Safely Use Your Homemade Mask

Please save medical grade masks for our healthcare workers.

A homemade mask can be a helpful tool to protect you from COVID-19.

It DOES NOT REPLACE other important measures:

• Avoid touching your face! A mask can serve as a reminder not to touch your nose, mouth, or eyes with hands that might have virus on them.
• Maintain 6 ft of distance between you and others at all times.
• Wash your hands frequently, for at least 20 seconds. Use hand sanitizer if hand washing is not available.

Practice Social Distancing

Wash Your Mask

• Wash your mask as soon as you receive it, before using it.
• Wash your mask daily; using the hot water or sterilize setting on your washer. Allow it to air dry.
• Wash more frequently if you’ve been in high traffic areas or it becomes soiled.

Put On Your Mask

• Before putting on a mask, clean hands with soap and water or hand sanitizer.
• Cover your nose and mouth with mask.
• Avoid touching the mask while using it. If you do, clean your hands with soap and water or sanitizer.

Remove Your Mask

• Clean hands with soap and water or hand sanitizer before removing your mask.
• Do not touch the front of your mask.
• Grasp bottom ties or elastics of the mask, then the ones at the top and remove without touching the front or the inside of the mask.
• Clean hands with soap and water or hand sanitizer after removing your mask.

Get More Information from the CDC: